"Promoting Mental Health and Well-being in Workplaces"



# "PROMOTING MENTAL HEALTH AND WELL-BEING IN WORKPLACES "

Thematic Conference under the European Pact for Mental Health and Well-being

organised by the European Commission and the German Federal Ministry of Health in cooperation with the German Federal Ministry of Labour and Social Affairs with the support of the Hungarian EU-Presidency

3rd - 4th March 2011

BCC Congress Center, Alexanderplatz, BERLIN

# Draft Programme

(All names to be confirmed)

### "Promoting Mental Health and Well-being in Workplaces"

3 March 2011		
12:00	REGISTRATION	
12:30	WELCOME REFRESHMENTS	
Plenary session 1 OPENING SESSION (13:00 – 13:45)	<ul> <li>Stefan Kapferer Secretary of State, Federal Ministry of Health of Germany</li> <li>John Dalli (tbc) European Commissioner for Health and Consumer Policy</li> <li>Representative of the European Commission (Directorate General for Employment, Social Affairs and Equal Opportunities)</li> <li>Miklos Szocska Secretary of State, Hungarian Presidency of the Council of the European Union</li> </ul>	
<b>Panel debate 1</b> (13:45 – 14:45)	"Improving the mental health and well-being of the population – the role of workplaces " MODERATOR: Lennart Levi SPEAKERS: Hans-Peter Unger Asklepios Clinic, Hamburg-Harburg, Germany The impact of the workplace on people's mental health and well-being Dieter Zapf University of Frankfurt, European Federation of Psychologists Associations Possibilities for promotion and prevention Helmut Brand Maastricht University, The Netherlands Why health promotion and disease prevention is essential for improving population mental health and for the sustainability of health systems Martin Knapp	
	London School of Economics, UK The case for public health and for workplace performance	

### "Promoting Mental Health and Well-being in Workplaces"

	Alain Sommer Head of the occupational medicine department, Arcelor Mittal The role of Well-being for business in the 21 century
<b>COFFEE BREAK</b> (14. 45- 15.15)	

## Parallel sessions 1-5

(15.15- 16.45)

# "Case for Action: Workplace Experiences"

Session 1	Session 2	Session 3	Session 4	Session 5
The case for investing into mental well- being – from a public health and company perspective	Building the mentally healthy work place	Supporting employees with mental health problems	Risk assessment, performance measurement, communication of activities	SMEs
Discussion	Discussion	Discussion	Discussion	Discussion

# "Promoting Mental Health and Well-being in Workplaces"

3 March 2011	
	"Case for Action: Examples of Policy Initiatives on Preventative Action on Mental Health at Work"
	CHAIR: Member State Representative
	<b>Karin Knufmann-Happe</b> Head of Department Prevention, Health Protection, Combating Diseases, Biomedicine Federal Ministry of Health / Germany
Plenary session 3 (17:15 – 18:15)	Heinz Kaltenbach Managing Director, BKK Federal Association / Germany
	Samo Fakin General Director, Health Insurance Institute of Slovenia
	Nadja Cobal Ministry of Health of the Republic of Slovenia
	Hervé Lanouziere/ Philippe Bielec Ministry of Labour, France / CNAMTS
	DISCUSSION
Reception:	
Unter den Linden 1	
(20:00 – 23.00)	

#### "Promoting Mental Health and Well-being in Workplaces"

4 March 2011	
	OPENING SESSION
	"Success factors for implementation"
	CHAIR: tbc
Plenary session 4 (9:00 –10:00)	SPEAKER:
(9.00 - 10.00)	<b>Andreas Storm</b> Secretary of State, Federal Ministry of Labour and Social Affairs, Germany
	<b>Zsuzsanna Jakab</b> Regional Director WHO Europe
	Eva Jané-Llopis / Paul Litchfield, BT Group World Economic Forum Wellness Alliance
	<b>tbc</b> Dow Jones Sustainability Index

#### Parallel sessions 6-10

(10.15-11.45)

# Disseminating good practices and providing support

Session 6	Session 7	Session 8	Session 9	Session 10
Focus: Governmental Initiatives	Focus: Social partners Initiatives	Focus: Civil society Initiatives	Focus: Social Security Initiatives	Focus: EU trends in working conditions and employees health status

#### "Promoting Mental Health and Well-being in Workplaces"

<b>COFFEE BREAK</b> (11:45 – 12:15)	
	ROUND TABLE
	The way forward - taking action for mental health and well-being at work
	CHAIRS:
	Andrzej Rys / Michael Hübel European Commission
Plenary session 5	DISCUSSANTS:
(12:15 – 13:00)	Dame Carol Black United Kingdom
	Kris DE Meester BusinessEurope
	Fabienne Scandella ETUC
	Konstanty Radziwill, President, Standing Committee of European Doctors
	<b>Wolfgang Panter (tbc)</b> VDBW - German Association of Occupational Physicians
	Maria Kopp (tbc) Semmelweis University, Budapest, Hungary
	Representative of the German Ministry of Health
	DISCUSSION
	Beyond the Conference:
<b>Plenary session 6</b> (13:00 – 13:45)	Review of the thematic conferences of the European Pact for Mental Health and Well-being
	Open discussion with the audience
Lunch 13:45	